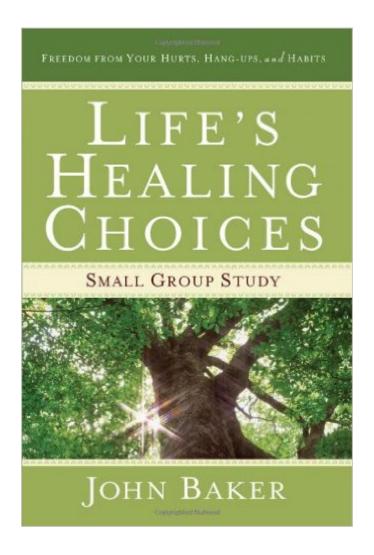
The book was found

Life's Healing Choices Small Group Study: Freedom From Your Hurts, Hang-ups, And Habits





Synopsis

The perfect guide for small groups teaches readers how to handle their hurts, hang-ups, and habits, finding strength in numbers and compassion from others. Thousands of churches around the country have small group studies, and this book focuses on the eight concrete, well-defined choices that are the foundation of Life's Healing Choices. This guide is specifically designed to help small groups study the principles in more detail, such as Admitting Need, Getting Help, and Letting Go.

Book Information

Paperback: 128 pages

Publisher: Howard Books; Student/Stdy Gde edition (September 2, 2008)

Language: English

ISBN-10: 1416579184

ISBN-13: 978-1416579182

Product Dimensions: 5.5 x 0.5 x 8.2 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars Â See all reviews (31 customer reviews)

Best Sellers Rank: #34,553 in Books (See Top 100 in Books) #65 in Books > Christian Books &

Bibles > Education > Adult #299 in Books > Christian Books & Bibles > Christian Living >

Personal Growth #535 in Books > Christian Books & Bibles > Theology

Customer Reviews

I bought this along with the hardcover book with the intent of running a study group for the purpose of garnering potential initial leaders for a full blown celebrate recovery at our church, and it worked beautifully for this goal. It is laid out as a workbook to be written in during 8 small group discussion sessions and so it is best paired with the hardcover book Life's Healing Choices as it assigns homework reading out of that book before each session. John Baker does a wonderful job of laying out the recovery principles based on the beatitudes from the sermon on the mount and driving home their application to any of life's hurts, habits, and hangups. When you get Jesus involved in your recovery, true healing begins. I can also recommend the DVD version of this study that has its own workbook to go along with it. It is the same material in a different format which may work better for some groups/circumstances.

My church has used this short eight chapter study to present a "taste", if you will, of the Celebrate Recovery program that is ongoing. I found that it made for a very easy transition into the 12 step

program for CR. There are many naysayers who find "problems" with the CR program. I, for one, was very skeptical until I met others with "hurts, habits and hangups" and became involved with the program. Only God could have made the changes in Christian lives that were achieved through this study. If a person wants to bash the program, there is little I can do to change it. However, I am different person than I was a year ago, and I have God to thank for the change. This study was the start of a journey that I will continue until the Lord takes me home!

John Baker's book Lifes Healing Choices is a wonderful journey to discovering the truth that we all struggle with some hurt, hang-up, or habit and that there is hope for all of us in our one true Higher Power, Jesus Christ. The use of testimonies brings the eight principles of recovery, the same principles that are the basis of Celebrate Recovery, alive, makes them understandable and real... something anyone can understand and more importantly, it presents them in a way all can relate to --- real human struggles and the hope that is available to us all as demonstrated in these snap shots of victories in the lives of people just like us. I have bought several copies as I keep giving them away - a great way to say 'I see your hurting and I care'. I highly recommend Lifes Healing Choices for everyone for their personal growth and as a tool to reach others who are hurting, to reach them with 'real' help, the only answer for every problem, Jesus Christ. Buy it!!! Read it!!! And, then give it away!!

My friend and I are enjoying this book and study guide so much and want to encourage others to study them along with the Bible. Really gets to the heart of things within us. We want to help with Celebrate Recovery at a church near our homes. Thanks for having them available for sale.

I would recommend this book to anyone needing healing from their past hurts. Its simple, straight forward advice and techniques are easily incorporated in your everyday living. Its so helpful if you have an accountability partner. I think highly of the author.

This is a companion to the hardback book Life's Healing Choices and is a tool God has used to change my life!

This is an excellent personal study to be done along with the book of the same title.

Awesome material along with the DVD and the workbook! My small group and I really have been

able to use the tools provided and heal from our hurts, hangups and habits~! Highly recommended!

**Download to continue reading...*

Life's Healing Choices Small Group Study: Freedom from Your Hurts, Hang-ups, and Habits Life's Healing Choices: Freedom from Your Hurts, Hang-ups, and Habits When Helping Hurts: The Small Group Experience: An Online Video-Based Study on Alleviating Poverty Tell Me Where It Hurts: Humor, Healing and Hope in my Life as an Animal Surgeon Healing Wounded Emotions: Overcoming Life's Hurts (Inspirational Reading for Every Catholic) Learn to Paint in Acrylics with 50 Small Paintings: Pick up the skills * Put on the paint * Hang up your art Trusting God Study Guide: Even When Life Hurts Making Small Groups Work: What Every Small Group Leader Needs to Know 99 Thoughts for Small Group Leaders: Tips for Rookies & Veterans on Leading Youth Ministry Small Groups Health Smarts: How to Eat Right, Stay Fit, Make Positive Choices, and More (USA) Today Teen Wise Guides: Lifestyle Choices) F * Ups Franchisee Screw-Ups That Can Cost You Thousands Don't Sweat the Small Stuff and It's All Small Stuff: Simple Ways to Keep the Little Things From Taking Over Your Life (Don't Sweat the Small Stuff Series) 201 Icebreakers: Group Mixers, Warm-Ups, Energizers, and Playful Activities Alfred's Group Piano for Adults Student Book 1 (Second Edition): An Innovative Method Enhanced With Audio and Midi Files for Practice and Performance (Alfred's Group Piano for Adults) Crystal Healing: How crystal healing works, crystal therapy, the human energy field, gemstones, and how to use crystals for healing and increased energy! Group Dynamics in Occupational Therapy: The Theoretical Basis and Practice Application of Group Intervention Healing Scriptures for a Broken Heart: Experience Emotional Healing and Healing the Wounds of the Past Curriculum-Based Motivation Group: A Five Session Motivational Interviewing Group Intervention Healing Scriptures: 300 Healing Bible Verses on the Proven Healing Promises from God's Word Having a Mary Heart in a Martha World Study Guide: Finding Intimacy with God in the Busyness of Life (A 10-Session Series for Personal Or Group Study)

Dmca